

DUDLEY YOUNG CARERS NEWSLETTER



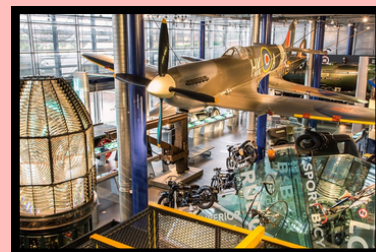
MAY 2026

WHATS BEEN HAPPENING?

During the May half-term, we were delighted to take two groups of Young Carers and their families on some fantastic days out in Birmingham. Our first trip was to Thinktank, Birmingham Science Museum, where families enjoyed exploring the interactive exhibits, learning about science and technology, and having fun together.

Our second trip was to the West Midlands Police Museum, where everyone had the chance to discover the fascinating history of policing, explore the museum exhibits, and learn about the important role the police play in our communities.

Both trips were a huge success, giving Young Carers and their families the opportunity to take a break from their caring responsibilities, spend quality time together, and make lasting memories. We had a wonderful time and would like to thank everyone who joined us!



YOUNG CARER FRIENDLY SCHOOLS PROGRAM



We are delighted to welcome Dudley College and Earls High School to our Young Carer School Champion Training Programme. With two more schools joining us this month, we are making fantastic progress towards our goal of having 20 Young Carer Friendly schools and colleges across Dudley by the end of the school year.

This training helps schools better identify, recognise, and support Young Carers, ensuring they feel understood and can access the help they need to thrive both in and out of the classroom. All the information about the training programme, resources, and how to get involved can be found on our website!

NEW AND UPDATED WEBSITE

We are excited to share that our new Dudley Young Carers website is now live! The website has been designed to make it easier than ever for Young Carers, families, schools, and professionals to find information about our service, access support, and stay up to date with the latest news and activities.

The website includes referral information, upcoming events, resources for schools, newsletters, and details about becoming a Young Carer Friendly School. If you haven't had a look yet, we would love for you to visit and explore everything on offer at

www.carerfriendlydudley.org.uk



DATES FOR YOUR DIARY

3/6

Youth Club

15/6

Online Club

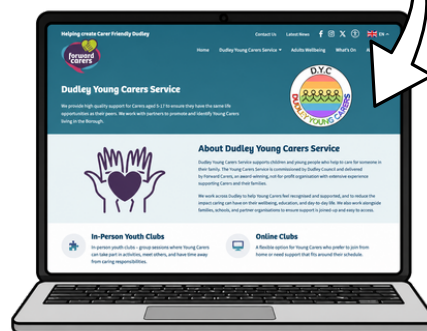
15/6

Parents Group

22/6

Youth Club

Please look out in the Whatsapp Group for all booking forms and extra information!



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MAKING A 999 CALL

This month we have been looking at making a 999 call. As a Young Carer, it can sometimes feel worrying if the person you care for becomes unwell or gets into difficulty. Knowing how to call 999 can help you feel more confident and prepared.

You should only call 999 if someone is seriously ill, injured, unconscious, having trouble breathing, having a seizure that won't stop, or if there is an immediate danger to life. When you call, try to stay as calm as possible and tell the operator your name, address, what has happened and who needs help. Tell them you are a Young Carer and any important medical information you think could help them.

Remember, the person on the phone is there to help you. They will ask questions and tell you exactly what to do until help arrives. It can be a good idea to keep important information about the person you care for written down somewhere safe, such as their full name, date of birth, medical info, medications, and emergency contacts.

Being a Young Carer is a big responsibility, but you are never alone. Knowing what to do in an emergency is an important skill that can help keep everyone safe.



COMPETITION

This month, we are inviting Young Carers to create their very own emergency guide to help them know what to do if something goes wrong while they are looking after the person they care for.

This could be a poster, booklet, or simple information sheet that they can keep somewhere safe at home.

Entries can be sent to us by email or WhatsApp, and the winner or winners will receive a £10 voucher!



FUTURE NEWSLETTERS

Got an idea for the next newsletter, or want to submit your own poem or drawing?

Let us know at

info@forwardcarers.org.uk

MOVING UP TO SECONDARY SCHOOL?

If you're getting ready to start secondary school this September, we have a special treat just for you!

Join us for a fun bowling trip where you'll get the chance to meet other Young Carers who are also making the move to secondary school, have lots of fun, and celebrate this exciting new chapter. As an extra bonus, everyone who attends will receive a FREE £10 voucher to help towards school supplies. More details will be coming soon, so if you're interested, let a member of the Dudley Young Carers team know. We can't wait to see you there and help you start secondary school with a strike!

LET'S HAVE FUN!

★ CODE BREAKER ★

Can you crack the code to reveal the hidden message?

CODE:

25 15 21 14 7 3 1 18 5 18 19 1 18 5

1 13 1 26 9 14 7

KEY:

A	B	C	D	E	F	G	H	I	J	K	L	M
1	2	3	4	5	6	7	8	9	10	11	12	13
N	O	P	Q	R	S	T	U	V	W	X	Y	Z
14	15	16	17	18	19	20	21	22	23	24	25	26

★ Crack the code, tell a friend, and see if they can solve it too! ★

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REGISTERING FOR HAF



HAF (Holiday Activities and Food) is a government-funded programme that provides free holiday activities, exciting trips, and nutritious meals for eligible children and young people during the school holidays. Thanks to HAF funding, Dudley Young Carers is able to offer many of the activities and trips that our Young Carers enjoy throughout the year.

To access HAF-funded activities, parents and carers must first register with the Dudley HAF programme. Registration only takes a few minutes and helps ensure your child can book onto activities as soon as they become available.

Many of our upcoming school holiday activities will be funded through HAF, so we strongly encourage families to register as soon as possible. By registering now, you'll be ready to receive information about holiday opportunities and avoid missing out when bookings open.

How The Parents Can Register

1) Go to the booking site

<https://register.bookinglab.co.uk/dudley/37001/register>



2) Fill in your details under 'Parent/Carer' details then complete one form for each child you are adding to the system, use the 'add another child' button to add up to 5 children.

If you do not qualify for free school meals you will need to select 'No' and enter and get in touch with a member of the team.

3) After signing up, the child/ren's eligibility will be checked.

4) You will receive an email from Dudley Council once their HAF eligibility has been confirmed.

If the child's HAF eligibility cannot be verified, you will need to contact HAF on enquiries@hafdudley.co.uk and say that they are registered with Dudley Young Carers.



STAY CONNECTED

Visit our website
www.carerfriendlydudley.org.uk

Email us at
info@forwardcarers.org.uk